Module 5 Review

Things to Know:

Vocabulary words

Characteristics of muscle cells

Functions of skeletal muscles

Attributes of the three types of muscle tissues – striated or not, multi-nucleate or not

Label a diagram of muscle structure (bundles and membranes)

Understand what happens when a sarcomere contracts

Understand what has to occur for a muscle to return to its relaxed state

Know all the steps necessary for a muscle cell to contract

Understand motor units and the various levels of innervation

Know the three ways muscles get energy and the advantages and disadvantages of each